





INTERMEDIATE

A relaxing and fascinating walk across vineyards, olive groves, picturesques villages and beautiful villas. We'll follow the old mule track admiring the view over the plains of Lucca, the hills and the mountains around. The panorama is great and wide! The itinerary is an immersion into the Classic Tuscany!

DETAILS

Km: 8 km

Meters of ascent: 400 mt

Time: 4.30h **Altitudes**

Lappato: 50mt slm Petrognano: 350mt slm

WALK WITH WINE

"Walk with Wine" can be added to the intermediate itinerary. Oil and wine are the basis of the economy here, combining traditional biodynamic methods with modern appreciation of bouquet and flavour in boutique wineries. We will tour the vineyard and cellar and discover the traditional, natural approach to winemaking.

DETAILS

Cost: 20€ pp (visit of the vineyards and of the cellar, wine tasting)

Necessary to book at least 2 days before.

It is possible to buy the wine

EQUIPMENT:

For these experiences it's required a basic walking kit: trail running shoes or walking shoes, backpack, Weather-appropriate clothing (moisture-wicking clothes and rain jacket), water, snack or packed lunch.

EXTRA:

At the end is possible to visit the magnificent park of Villa Torrigiani, considered one of the most beautiful villa parks of Italy!





DAY

We'll explore the hills walking on ancient paths across the classic Tuscan landscape. The Guide will tell you all about the local culture, history and natural environment while Francesco, the Chef, will take you on a sensory experience through local food, mixing traditional recipies with an artistic aproach creating an original light lunch for a gourmet picnic in the in the wild!

DETAILS

Km: 6 km

Meters of ascent: 250 mt

Time: 4.30h

Brunch or light lunch at your choice!

EVENING

We'll start in the afternoon walking on the hills. The sky will start to change and the golden light of the late afternoon will embrace the vineyards. We'll get to a panoramic point where we'll be able to enjoy the sunset while having an incredible italian "aperitivo" created by the Chef. Then Francesco will prepare a light dinner for you and our Tour Guide will lead you back home on a sweet night stroll.

DETAILS

Km: 6 kn

Meters of ascent: 250 mt

Time: 4.30h

Aperitivo and light dinner at your choice!

EQUIPMENT:

For these experiences you just need a basic walking kit: trail running shoes or walking shoes, little backpack, Weather-appropriate clothing, water.